

ACUPUNCTURE ASSOCIATION
of COLORADO

2020 Annual Meeting

Agenda

1. Overview of the Year - Dr. Liz Lovefury, President
2. Legislative Report - Dr. Mark VanOtterloo, Legislative Chair
3. Data Gathering Report- Kacey Wardle, Director at Large
4. Updates to AAC Bylaws - Dr. Timoni Slusher, Governance Chair
5. Election of new AAC Board members - Dr. Timoni Slusher, Governance Chair

Overview of the Year

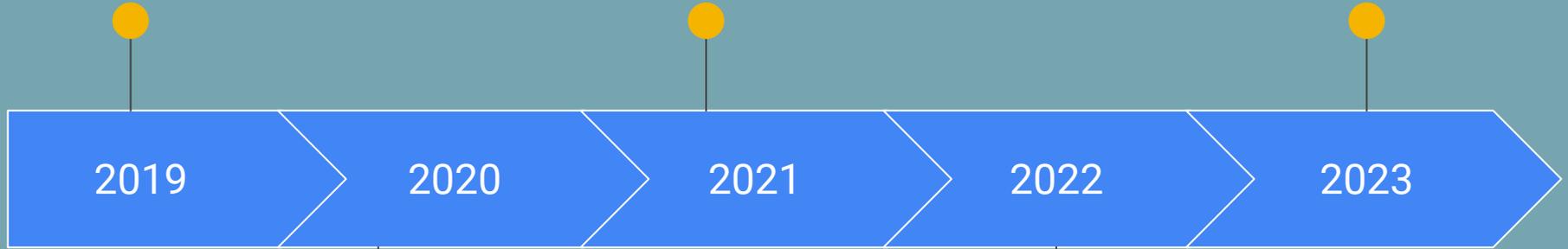


Dr. Liz Lovefury, President of the AAC

Internal/External
Stakeholder
Reviews

COPRRR Report
Process - Report
Filed on
10/15/2019

Keep making
friends and
influencing people



Government
stakeholder
meetings

Practice Act
repealed and
replaced

2020

- Meetings with DORA
- Meetings with COPRRR
- Meetings with External Stakeholders
 - Continued Conversations with CMS, but also including other identified parties of interest
- Identify areas for updates within the Practice Act

2021

- Work with COPRRR and any active stakeholder groups to steer the report development process to AAC's benefit(s)
- Lobby Legislative Leadership for beneficial Legislative Sponsor
 - If necessary, lobbying work to scuttle possible negative amendments in the 2022 process

2022

- Practice Act repealed and replaced
- Rule making process if required

| Dues | Acupuncture 1419 active in CO | Chiropractic 2873 active in CO | Physical Therapist 7927 active in CO |
|-----------------------------------|--|-----------------------------------|---|
| Professional | \$175 324 | \$744 <i>661</i> | \$ 540 1800 |
| Student | Free 148 | | 472 |
| Other | \$100 50 (1st year in practice) | | 160 (PT assistants) |
| | 23% of total | <i>23%</i> | 23% of total |
| Actual revenue from dues alone | \$48,450 | <i>\$491,784</i> | \$972,000 |
| Potential revenue | \$246,575 | \$2,137,512 | \$4,280,580 |

Legislative Activity

- The Opioid Interim Committee
 - Project led by Dr. Tuesday Wasserman
 - Support by Dr. Mark VanOtterloo
- Bills as a Result
 - HB20-1085 (Opioid Prevention)
 - HB10-1174 (Surprise Billing)

What the AAC Needs from You

- Continue expanding the AAC membership and member involvement going forward
- Implement lessons learned from this process to improve our profession

Internal Stakeholder Meetings (June - Nov)

A Big Thank You

- Avon (~10 attendees)
- Fort Collins (14) - Senator Ginal moderated
- Westminster (11)
- Littleton (6)
- Gunnison (8) - Representative McLachlan attended
- Douglas County (6)

Three General Areas of Discussion

- Sunset Review and What to Address
- Networking and Marketing Opportunities
- VA, CMS and State of Colorado Insurance Reimbursement, Issues and Opportunities

Sunset Review of Our Practice Act

- The right to **practice medicine** is a privilege granted by the state
- These regulations are laid out in a state statute, usually called a **medical practice act**
- **State medical boards** establish the standards for the profession through their interpretation and enforcement of this **act**

<https://journalofethics.ama-assn.org/article/role-state-medical-boards/2005-04>

Sunset Review of Our Practice Act

- The challenge will be to get more in line with other medical professions
- ***Remember, we have a great practice act - (do to those who worked hard before) - we want to maintain the broadness, clarify where possible and not codify unless necessary***

Current Definition of in Our State Law

"Acupuncture" means a system of health care based upon traditional and modern oriental medical concepts that employs oriental methods of diagnosis, treatment, and adjunctive therapies for the promotion, maintenance, and restoration of health and the prevention of disease.

Acupuncture in State Law

"Practice of acupuncture" means the insertion and removal of acupuncture needles, injection therapy, the application of heat therapies to specific areas of the human body, and adjunctive therapies. Adjunctive therapies within the scope of acupuncture may include manual, mechanical, thermal, electrical, and electromagnetic treatment; the recommendation of therapeutic exercises; and, subject to federal law, the recommendation of herbs and dietary guidelines. The "practice of acupuncture" is based upon traditional and modern oriental medical concepts and does not include the utilization of western medical diagnostic tests and procedures, such as magnetic resonance imaging, radiographs (X rays), computerized tomography scans, and ultrasound."

Dry Needling in State Law

“Dry needling is a physical intervention that uses a filiform needle to stimulate trigger points, diagnose and treat neuromuscular pain and functional movement deficits; is based upon Western medical concepts; requires an examination and diagnosis; and treats specific anatomic structures selected according to physical signs.”

Changes in the Landscape Since Last Review in 2015

- Growing number of practitioners who hold doctorate degrees
- More professions looking to do acupuncture
- More availability of lab companies and order online medical services

Other points we need to address that came up at meetings

- CEUs
- Director model/Board model
- Labs
- CMS and Injections

What has changed due to COVID 19

New Procedures:

- Reporting
- Sanitizing
- Hopefully not - Patient Separation
- Telehealth

Where do we go now?

Proposed Bylaw Changes -

Article Three: Membership

<https://acucol.com/Article-Three/>

Proposed Bylaw Changes -

Article Four: Board of Directors

<https://acucol.com/Article-Four/>

Proposed Bylaw Changes -

Article Six: Annual Business Meeting

<https://acucol.com/Article-Six>

Proposed Bylaw Changes -

Article Nine: Management of the AAC

<https://acucol.com/Article-Nine>

AAC Bylaws: SECTION SEVEN: VACANCIES

Vacancies on the Board of Directors shall be filled by appointment of the Board of Directors for the remaining term of office.

Any vacancies existing at the time of an Annual Business Meeting shall be filled by election at such meeting for the remaining term of office.

Current Board Members and Terms:

Dr. Liz Lovefury, President: 2017-2020 (Term Completed)

Dr. Erika Schultz, Conference Chair: 2017-2020 (Term Completed)

Stephanie Ann, Treasurer: 2018-2020 (Term Completed)

Corinne Conry, Director at Large: 2019-2020 (Term Completed)

5 Vacant 3 year terms 2020-2023

Stephanie Shober, Vice President/acting Treasurer: 2013-2021

Dr. Mark VanOtterloo, Legislative Chair: 2014-2021

Jessica Sylvanson, ASA Representative: 2018-2021

Dr. Timoni Slusher, Governance Chair: 2018-2021

1 Vacant 1 year term 2020-2021

Kacey Wardle, Director at Large: 2019-2022

Dr. Stephanie Trzaska, Director at Large: 2020-2022

Dr. Tuesday Wasserman, Director at Large: 2019-2022

Adam Wasserman, Director at Large: 2019-2022

Lisa Rundell CSTCM Student Rep- One Year Term

Stacey Donelson

I have run and owned my own clinic since January 2013 and have been in practice since August 2011. My specialties are women's health, pediatrics and emotional trauma. My practice is located in Longmont, CO. In addition to the clinic, I'm the creator and founder of Good Life Botanicals which combines Chinese herbs with full spectrum, biodynamic hemp. I started this company 4 years ago and we are in 500 acupuncture clinics worldwide.

I did my master's studies for Acupuncture and Chinese Medicine at Pacific College of Oriental Medicine in New York and Southwest Acupuncture College in Boulder, Colorado. I graduated from SWAC in 2011 and completed my doctorate studies at Pacific College of Oriental Medicine in December 2019.

My previous work experience includes working as a technology project manager and web engineer for WeightWatchers.com from its start as a company in 2000 until 2005. I've also taught history and English at private school and have been the Alumni Development Director for the same private school. I also spent 7 summers working at an ecumenical retreat center during my youth/college years and was a wrangler there - spending the summers in the Wyoming wilderness teaching adults how to ride and thrive in the wilderness and unknown.

I have been a member and board member of many association and state boards and committees in the last 10 years.

My husband and I have two children, son age 11 and a daughter age 8, 1 dog, and 3 cats. My hobbies include gardening, horses, hiking, reading and learning.

Steve Shomo

I currently work in local hospital inpatient and outpatient care, in addition to an integrative healthcare clinic. I have over 20+ years of teaching and clinical experience. I currently teach for several Doctoral programs, as well as other institutions and numerous continuing education courses. I am the unit coordinator and tactical training specialist for the Colorado Acupuncture Medical Reserve Corps. I have served on the Florida State Oriental Medical Association (FSOMA) board for three years, before moving back home to Colorado. I have included a copy of my CV.

I am excited about the opportunity to serve on the AAC board, to unify our Colorado providers and to further our profession in our state and nationally.

Margaret Hampton

2017-2019 Pacific College of Oriental Medicine San Diego, CA
Doctor of Acupuncture and Chinese Medicine

2009-2012 Colorado School of Traditional Chinese Medicine Denver, CO
Master's of Science in Traditional Chinese Medicine, Diplomate in
Oriental Medicine, Chinese Herbology & Nutrition

Currently Practicing TCM at Helios Integrative Medicine Boulder, CO
720+ Highly integrated work with western trained physician and nurses

Founding Board member of the Culturally Based Care Committee

Experience includes volunteer work with the Integrative Healthcare Policy Consortium, and being heavily involved with the 2004 and 2008 Presidential campaigns.

Kathleen Blazek

- 2016 - Master's degree in Acupuncture from Colorado School of Traditional Chinese Medicine
- Private Practice, Specializing in orthopedics, musculoskeletal disorders, pain management, ophthalmology, respiratory diseases & conditions, internal medicine.
- Treat VA veterans and other insurance patients.
- 2020 - Doctorate in Acupuncture from Pacific College of Oriental Medicine, San Diego CA
- Previous Experience
- Registered Respiratory Therapist, Emergency/Trauma/ICU & Asthma Specialist
- University of Colorado Health/Memorial Hospital, Colorado Springs CO
- Penrose/St. Francis Health System, Colorado Springs CO
- Microsoft Systems Engineer, Security Specialist, Oracle, Colorado Springs CO
- USA Gymnastics, Gymnastics Official Since 1987
- Member and board member of many associations, state boards and committees for over the last 30 years.
- Married 40 years, 2 daughters, 6 grandchildren, 3 dogs, 17 chickens.
- Live on 400 acres and enjoy hobbies of photography, gardening, hiking and reading.

Erin Murphy

My name is Erin T. Murphy and I am applying for the Public Relation's Chair. I started my first business in 2004 as a massage therapist and then establishment an acupuncture clinic. I sold my company in Florida and moved to Colorado in 2018. I finished my masters in 2015 and my doctoral in 2019.

I wanted to return to volunteering with my state association and I thought the Pubic Relation's Chair would be a great place to start. Previously in Florida I worked with the Florida State Oriental Medical Association and participated in political work. During this time, we were working to keep Florida free from dry needling. It was vital that we worked together as a group and promoted a positive image with the state politicians. Through these effort's I was able to meet and work with many different local and state level leaders.

I have a long history of volunteering with many different organizations including local, national, and international groups. I have served on different roles and helped to raise millions of dollars for many different projects and scholarships. Volunteering is my passion.

Some general ideas I have include promoting public educational resources that all acupuncturist have access to use on their web sites and social media. My personal view is that the public is our number one ally. The more people that seek our treatments, then the more people we will have stand during political turmoil and advocate for the profession. By creating a unified message that highlight the strengths, education, and science behind acupuncture and our modalities.

Thank you for your consideration,

Sara Lohmeyer

-Licensed acupuncturist and Chinese Herbalist in the Whittier Neighborhood of Denver

-Member of the AAC since graduation

I truly believe that if we all get involved, we can further our profession. I have been wanting to get involved for quite some time, and now seems like the perfect time! I'm not completely sure what I can contribute other than I love acupuncture, I love helping people, and I love people. My past careers include being a dancer and being a pilates instructor. I am a mother of 2 boys and I love to talk to families about how acupuncture can keep the whole family healthy. I have a side business that I am hoping to expand called Remedies On Point where I make Chinese herbal tinctures and sales based on traditional formulas, but easier and more accessible for everyday use.

Maddie Bergner

- BA, Chinese language and politics, University of Virginia,
- MA, Public policy, University of Virginia,
- History of work in policy and consulting.
- Experience writing and participating in the political process.
- Additional training in grant writing and submission.
- Worked in Washington, DC as an intern for Jared Polis
- Policy associate at a boutique lobbying and consulting firm, Washington, DC

I am interested and motivated to work on policy from an acupuncture standpoint. I attended the inaugural American Society of Acupuncturists (ASA) convention in Washington DC last year where I was able to meet and get to know several current board members.

I believe my experience in policy could be beneficial to advancing our professional goals.