

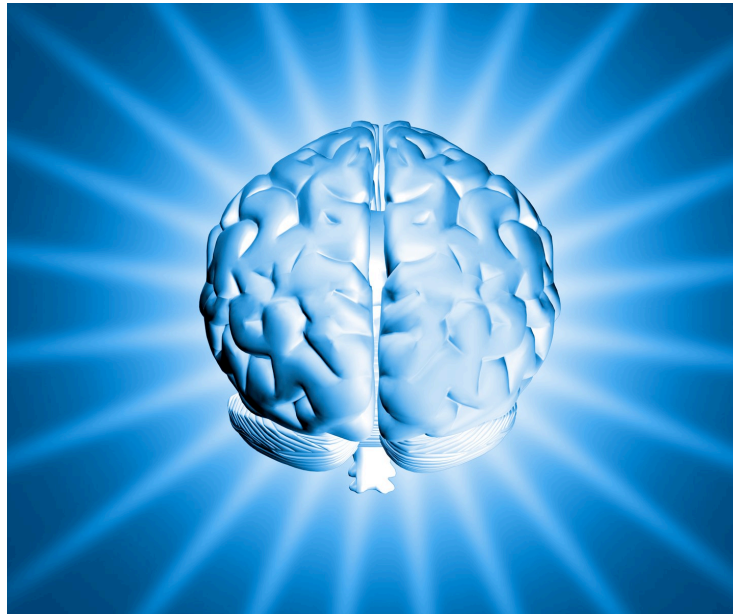
# BRAIN HEALTH:

**“Inspiring! Great blend of acu + science.”**

-Ali,  
Acupuncturist

**“Fascinating...so much to learn about the brain.”**

-Janice, Speech &  
Language Pathologist



**“Very interesting & comprehensive, awaiting Part 2”**

-Brad,  
Molecular biologist

## NEUROSCIENCE & CHINESE MEDICINE

**SAT OCT 19 & SUN OCT 20, 9:00 - 5:00**

**STUDENTS & SENIORS \$195 PROFESSIONALS \$395**

**15 PDAs NCCAOM approved LIVE WEBINAR OPTION**

**REGISTRATION: [www.ashleycrutchfield.com](http://www.ashleycrutchfield.com)**

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**“THE BRAIN IS THE SEA OF MARROW”** -Ling Shu

**Explore optimal food, exercise, sleep and the gut-brain axis. Discover how the brain evolved & how to balance your left & right hemispheres.**

**Learn how the 5,000 yr old Chinese medical view of the brain correlates with modern neuroscience research. Experience the potential of a single neuron. Understand the importance of neurogenesis & neuroplasticity.**

**Learn cutting edge diagnostic genetic testing as well as treatment such as TMS for anxiety & depression.**

**Review dopamine, serotonin + oxytocin roles in brain health. Recall the benefits of social connectedness, acceptance & forgiveness.**

**Dr. Daniela Stamatoiu, MD and Ashley Crutchfield, LAc are passionate about sharing their integrative knowledge on brain health.**