NEUROSCIENCE: SEA OF MARROW

JULY 20 - 21
9 AM - 5:30 PM
WOMEN IN KIND
3899 JACKSON ST
DENVER, CO 80205

Dr. Daniela Stamatoiu, MD & Ashley Crutchfield, LAc bridge modern neuroscience research & ancient Chinese medicine to explore how we take care of our brains in a modern world.

OPTIMAL FOOD, EXERCISE, SLEEP, & MINDFULNESS FOR YOUR BRAIN
THE INTEGRATION OF THE LEFT & RIGHT HEMISPHERES
HOW HEALTHY NEURAL PATHWAYS CAN GO AWRY INTO ANXIETY AND/OR DEPRESSION
HOW UNDERSTANDING YOUR BRAIN CAN HELP YOU ACCEPT & FORGIVE

EARLY BIRD BY MAY 31
PROFESSIONAL $395/$425
STUDENT $295/$325
AAC MEMBER $355
15 hrs NCCAOM approved

Register: www.ashleycrutchfield.com