

NEUROSCIENCE: SEA OF MARROW

JULY 20 - 21

9 AM - 5:30 PM

WOMEN IN KIND

**3899 JACKSON ST
DENVER, CO 80205**

EARLY BIRD BY MAY 31

PROFESSIONAL \$395/\$425

STUDENT \$295/\$325

AAC MEMBER \$355

15 hrs NCCAOM approved

Dr. Daniela Stamatiou, MD &

Ashley Crutchfield, LAc bridge

modern neuroscience research &
ancient Chinese medicine to
explore how we take care of our
brains in a modern world.

- ◇ Optimal food, exercise, sleep, & mindfulness for your brain
- ◇ The integration of the left & right hemispheres
- ◇ How healthy neural pathways can go awry into anxiety and/or depression
- ◇ How understanding your brain can help you accept & forgive

Register: www.ashleycrutchfield.com