



DENVER ACUPUNCTURE & SPORTS MEDICINE

Intro to Acupoint Injection Class

Location: Southwest Acupuncture College

Date: Sept 30 – Oct 1, 9am – 6pm

Cost: \$450 AAC Disc: \$399

Course Outline:

Sat Morning:

This is going to be the boring (but important) stuff. We are going to be going over the Colorado acupuncture practice act, rules regarding injection therapy, and the CNT manual on injection therapy. I will send this information out before the class. It is not a lot, but I would like everyone to read it over before class. There is a lot of misinformation being spread about injection therapy and what qualifies a LAc. to do injections in Colorado. The more familiar you are with the material the faster we can get through it and actually start practicing. We will demonstrate and also ask each attendee to practice sterile withdrawal procedure and CNT for injections.

Sat. Afternoon:

This starts the fun stuff. We will start with Acupoint Injection Therapy (AIT). We will talk about the history of AIT in China and the TCM principles associated with AIT. We will discuss how to add it to an acupuncture treatment or use it as a standalone treatment. We will also discuss insurance codes for billing. I will demonstrate several point locations. The technique is pretty much the same, but I want people to see how it can be applied to different location. You will then have the opportunity to practice on each other. There will be 3 people to a table. This is done intentionally. One person will be receiving, one person will be doing the procedure, and the third is to double check that the procedure is being done properly and safely.

Sunday Morning:

We will review the previous day's lecture and technique. I will answer any questions and make sure everyone is clear, especially on safety. We will then get in to trigger point injection. We will discuss trigger point vs acupoints. We will talk about common formulations and different techniques for trigger point injections. These can be a little more intense than acupoint injections, but there is also very much a feeling of relief that comes with the muscle is released and then immediately hydrated with nutrients.

Sunday Afternoon:

Our final section will focus on cosmetic injection and the treatment of scars. These are very similar techniques, so those that don't do facial treatments will still have something to learn. Scar treatments will be approached from a Neural Therapy technique. This can be a whole different injection class in itself, but it is something that I feel practitioners should know about, since practitioners of Neural Therapy use acupuncture points in their treatments.



About the Instructor:

Dr. Scott Richardson DAOM completed his Masters and Doctorate degrees from Pacific College of Oriental Medicine in San Diego. There he studied under Matt Callison and was an intern at his clinic and also an intern at USCD's RIMAC student athlete center. He has lived in Colorado for the last 5 years where he has served as Vice President, President and currently as Legislative Chair of the Acupuncture Association of Colorado (AAC). He was instrumental in getting Acupoint Injection Therapy (AIT) written in to the scope of practice for Colorado acupuncturists and continues to work with the state on scope of practice issues.